



WHAT'S ON AT KINDY

4 -19 April Easter holidays
20 April Term 2 begins

OUR 2020 GROUPS

Pre-Kindy:

Green Group - Mon/Tues

9.15am - 2.15pm

Blue Group - Thu/Fri

9.15am - 2.15pm

Kindy:

Purple Group - Mon/Tue/Wed

9.00am - 2.15pm

Red Group - Thu/Fri

8.15am - 4pm

Playgroup:

0-5 year olds - Wed 9.15 - 11am

Vacancies are available for
Term 2. Please email
info@kenmorepark.com.au for
further information.

FROM THE DIRECTOR

Joanne White, Teacher/Director Purple Group

Firstly, I would like to welcome all our new & returning Kenmore Park families. We have had a great start to Term 1, with the children settling well into their new classes. The teachers in each class have developed warm and trusting relationships with the children. These are very important, as when children feel comfortable, loved and like they belong, they learn, flourish and get the most out of their Kindy & Pre-Kindy experience.

I have personally enjoyed getting to know many of our new families and look forward to meeting more of you next term. If you ever have any questions or concerns, my door is always open. I am at Kindy Monday- Thursday. You can phone Kindy to speak to me or email me at joanne@kenmorepark.com.au.

We are facing concerning times in our nation and local community, with the Coronavirus. Please be reassured that we are doing everything in our power to keep your children safe and keep up to date with current recommendations from the government and our Central Governing body, Lady Gowrie. If any families are experiencing hardship with their Kindy fees, please approach Kerry or myself. We are more than happy to look at a payment plan for you. Also, please let us know if you have recently obtained a Health Care Card from Centrelink. If your child is age eligible for a Kindy class, we are able to access significant discounts for you through our Kindergarten funding. Wishing your family a safe & healthy term break!

Kind regards

Joanne

OUR PROGRAM

Fiona Guthrie, Educational Leader and Teacher (Red Group)

Understanding the Early Childhood Program at Kenmore Park Kindy

Welcome to Kenmore Park Kindy and we hope that your time here is filled with love and laughter as you get to know the other families, the children in your child's group and understanding more about the practices in early childhood.

Our educational program is designed to support you and your child in their growth, development and learning as they engage with teachers, the environment and other children in their group. We believe that developing relationships is paramount to learning. Last month the teaching teams reflected in our monthly staff meeting the importance of developing trusting and engaging relationships with children and families before learning can properly occur. We all felt that our term 1 program is vital to ensure children feel safe, supported and secure as they transition either into a new group, leave mum for the first time, and begin to develop an understanding of how routines and consistency in play ideas will help them develop new skills.

We base our program and teaching philosophies on THE EARLY YEARS LEARNING FRAMEWORK (EYLF) and the QUEENSLAND CURRICULUM GUIDELINES (QKLG). These principles and practices are about developing the whole child. Values such as building quality relationships, promoting independence, inquisitive and child led learning are paramount to your child being able to engage deeply in the learning provided within our programs. As teachers we look at numerous ways to support your child. Some children need a variety of engaging experiences over a number of weeks to begin to play, others "jump" straight in and are confident to participate. We need to be adaptive in our teaching strategies, support the learning environment set up to help engage all children, and be mindful of individual needs. This is why a play-based program suits varied learning styles in children at this age level. One child using playdough and its resources will gain different learning outcomes to another child using the same materials. We are engaged to spend large quantities of time in the day interacting with either the individual or the small group play.

In this way the teaching teams can together to share observations, interpret and analysis these observations and build into their program strategies and experiences that support all children.

This is why we love and support your engagement as a parent into our programs. Sharing information about your child, their interests and what you observe about them helps us to gain a bigger picture and highlight new strengths and interests to support their learning in a group setting. Please use StoryPark to share with us, or see the teachers in the morning or afternoon, or use the provided space on our program books for your contributions. We love to share our thoughts and observations with you too!

As Educational Leader I am interested in the goals you have thought about and communicated to your child's teacher. Over the next month I will be supporting the staff in their planning and implementation of these goals. Thank you for your cooperation in sharing these with your child's teacher. Best outcomes are achieved with a collaborative process with teachers and families.

Other resources you might find interesting to explore as parents are the following...

1. The Triple P Program (free! And done online!)
<https://www.triplep-parenting.net.au/qld-ukn/find-help/triple-p-online/>
2. Learning more about children's milestones
<https://www.startingblocks.gov.au/your-childs-development/>
3. Understanding the EYLF
https://docs.education.gov.au/system/files/doc/other/belonging_being_and_becoming_the_early_years_learning_framework_for_australia_information_for_families_0.pdf

The children are
the curriculum.

Lisa Murphy
(Play)



"No significant
learning occurs
without a significant
relationship."

James Comer

OUR QUALITY IMPROVEMENT PLAN

Did you know that Kenmore Park Kindy has a Quality Improvement Plan?

Every year, as part of our commitment to continued improvement, we review all aspects of quality at our Kindy. At the moment our staff are working together on finalising a self-assessment. I will also send out a self-assessment questionnaire to families and we will gather the opinions of the children. Together, these responses will form the basis of our Quality Improvement Plan for 2020.

You can view our Quality Improvement Plan any time, or keep your eyes on our newsletter for regular updates each term...



WHAT IS IMPORTANT TO YOUR FAMILY?

How do we make sure we are prioritising what is important to your family?

The answer is, by reviewing our philosophy with our current families every year and making sure we include what is important to you. With this in mind, please make sure you reply to my email asking you to tell us what is most important to your family in a Kindy. Some of you have already written your comments down at Kindy, so thanks for your response. Your reply makes sure we can working towards your priorities throughout 2020.

SUSTAINABILITY CORNER

A wonderful family sustainability project you might like to do over the Easter break is to create your own vegetable and herb garden.

What a lovely way to introduce sustainability and to help your children develop an appreciation and respect for their environment.

Benefits of growing your own produce...

*Learning how the plants produce oxygen and food for everyone in their family, community and the World.

*Noticing that home grown foods do not have packaging so reduce waste and therefore reduces landfill.

*Learning about the science of plants, the environment and nutrition.

*Best of all ... It's a productive and fun family project out in the sunshine!



Source:
<https://www.sustainability.vic.gov.au/You-and-your-home/Live-sustainably/Grow-your-own-food>

FROM THE COMMITTEE

Catherine Robertson, Fundraising.

The Committee would like to extend a warm welcome to all our 2020 Kenmore Park Kindy families! Thank you to all the parents who have volunteered to be a part of the Kenmore Park Kindy Management Committee. We are still looking for someone to fill the position of President. If you are interested, please talk with your child's teacher or any of the committee members.

Vice President - Leah Cau (Leo, Green Group and Massimo, Purple Group)

Secretary - Melissa Farrell (Evie, Green Group)

Treasurer - Claire Arkell (Samuel, Green Group)

Grants - Maliza van Eeden (Anouk, Green Group and Juliette, Red Group)

Marketing - Shaena Jones (Quinn, Red Group)

Maintenance - Sarah Smith (Bear, Red Group)

Fundraising - Catherine Robertson (Grace, Purple Group)

Many thanks also to the parents who have taken on non-committee roles - your help is greatly appreciated!

Unfortunately, due to COVID-19, some of our events for Term 1 (Mini Mudder and Working Bee) had to be postponed. We were, however, able to hold our Parent Information Evening, which looked at child development and how to help your child prepare for school. Thank you to Dianne from Learning Connections (www.learningconnections.com.au) for facilitating this.

Term 1 finished with an early start to the holidays with the announcement of Student Free Days for our final week. Thanks to our teachers for connecting with the children via Storypark videos during this time.

Kenmore Park Kindy will be ready to resume on Monday 20 April unless health advice determines otherwise. Please ensure that the kindy has your current contact information so that we can keep you updated over the break. You can also stay up-to-date by checking Storypark and our Facebook page.

The Committee wishes you and your family a safe and healthy break. We look forward to seeing you in Term 2.

News from Playgroup

Kenmore Park Playgroup runs **every Wednesday in Unit 1 from 9.15am - 11am**. It is led by Miss Louise (Blue Group Lead Educator) and is open to all children up to 5 years. The cost is \$10 per session or \$85 for a 10-week term.

The program is semi-structured and offers plenty of free play as well as two Group time sessions with Miss Louise. It is a fantastic way to introduce children to our Pre-Kindy and Kindy programs. New families are always welcome!

Playgroup had a great start to the year with many new families joining us! While the term was cut short due to COVID-19, we are looking forward to welcoming everyone back soon.

For more information, please email playgroup@kenmorepark.com.au or like the Kenmore Park Playgroup Facebook page.

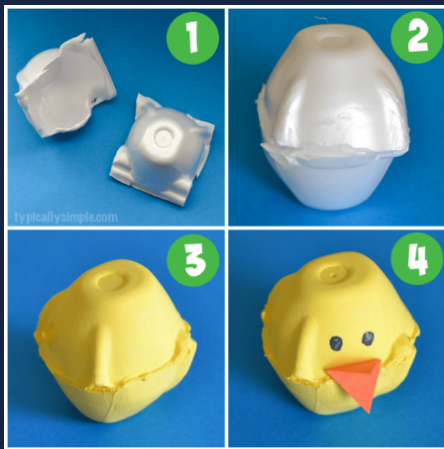


MAKE AN EGG CARTON CHICK!



What you will need:

- egg cartons
- acrylic paint & brush
- glue, scissors, marker
- construction paper



1. Cut apart two egg holders from the carton and trim off the excess on the edges.

2. Glue the two pieces together.

3. Paint and allow to dry.

4. Add a beak and some eyes.

Source: typicallysimple.com

ADMIN REMINDERS:

Please ensure that we have up-to-date contact details for you.

Let Kerry in the office know if your address, phone or email has changed. You can contact her at info@kenmorepark.com.au



OUR RESPONSE TO COVID-19

Here at Kenmore park we are continually working with Lady Gowrie and the Department of Education to keep up to date with the corona virus situation and how we can best protect our families.

We continue to keep our cleaning practices to a very high standard, this includes: cleaning bathrooms three times daily as well as when dirty; using separate cloths for kitchen, art and tables; cleaning of eating mats daily; removing mouthed toys immediately and washing toys weekly. We have also installed a 'tissue only' lidded bin in the bathroom that is foot operated.

We have also been working with the children, practising safe handwashing techniques and ensuring children wash their hands after using the bathroom and before eating. With the Kindy children we have also included activities such as scrubbing laminated 'hands' free of germs (whiteboard pen). We will continue to keep you up to date with any new information. If you have any concerns, please talk to your child's teacher.

If your child develops flu-like symptoms, please:

- keep your child at home and advise us;
- avoid close contact with others such as touching, kissing or hugging, or any mass gatherings, especially those involving other children;
- see a doctor or contact 13 HEALTH (13 43 25 84) immediately;
- seek medical advice if your child has other underlying medical conditions.

Please see the below links for more information that may be useful.

<https://www.health.gov.au/resources/publications/coronavirus-covid-19-information-for-schools-and-early-childhood-centres>

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

We Want to Hear from YOU!

Google Review

Google Review is a powerful tool to promote our Kindy. If you could please find a few minutes to leave a Google Review for Kenmore Park Kindy, it would be greatly appreciated. Click on the link below to do so:

https://g.page/r/CUcT5e8_L97rEAI/review

Facebook reviews would also be welcomed!

Please email info@kenmorepark.com.au with your review and we can use it on our Facebook page or website.



COMMUNITY CONNECTIONS

Creating Art for Indooroopilly Easter Display

The children across the centre have been making patty pan art and participated in splatter painting for a competition held by Indooroopilly Shopping Centre.

Normally this is displayed at the shops for voting however this year photos will be displayed on the [Indooroopilly Shopping Centre Facebook page](#). Please be sure to vote for us as well as ask your family and friends!

USEFUL LINKS

The Department of **Education** now includes a list of resources to support children's continued learning while at home.

<https://earlychildhood.qld.gov.au/early-years/early-learning-at-home>

The 0-3 years resource tab provides links to a range of websites which are also relevant for kindergarten aged children, such as zoo sites and a range of information to support parents of children aged birth to school age.

The imagination resource tab provides information sheets on a range of children's picture books, sharing discussion ideas and experiences to possibly undertake at home. The sheet also includes links to online videos sharing the story.

Cosmic Kids **Yoga** (<https://www.youtube.com/cosmickidsyoga>): free YouTube videos designed especially for kids aged 3 and above to promote relaxation and mindfulness. It is used in schools and homes all over the world.

Good **hygiene** regimes are part of any quality childcare service. This is not a new idea, but new routines have sprung up around the world to help children understand the importance of handwashing, and how to make sure it is thorough. The top 5 handwashing songs can be found at:
<https://www.tes.com/news/coronavirus-top-5-handwashing-songs-children>

Another fun hand-washing resource for children is Wash hands with Bluey. If sung twice, the song lasts for 20 seconds, the recommended time from medical experts to ensure your hands are 'bug-free'.



Raspberry Coconut Bliss Balls

**PREP 20 min | SET 4 hours |
MAKES 20+**

Looking for a new lunchbox snack for the kids? Try these bold bliss balls that are as delicious as they look!

INGREDIENTS

- 1 cup (135g) frozen raspberries, just thawed
- 1 1/2 cups (135g) rolled oats
- 2 tbs maple syrup
- 1 tbs coconut oil, melted
- 1 tbs chia seeds
- 2/3 cup (50g) desiccated coconut

METHOD

Step 1

Place the raspberries, oats, maple syrup, coconut oil, chia seeds and 1/2 cup (40g) of the coconut in a food processor and process until smooth. Transfer mixture to a bowl. Cover with plastic wrap. Place in the fridge for 4 hours or until mixture thickens.

Step 2

Place remaining coconut in a small bowl. Roll 1-tbs portions of raspberry mixture into balls. Roll in coconut to lightly coat. Store in an airtight container in the fridge for up to 2 weeks.

Enjoy!

Source: taste.com.au

PHYSICAL ACTIVITY FOR CHILDREN

Source: raisingchildren.net.au

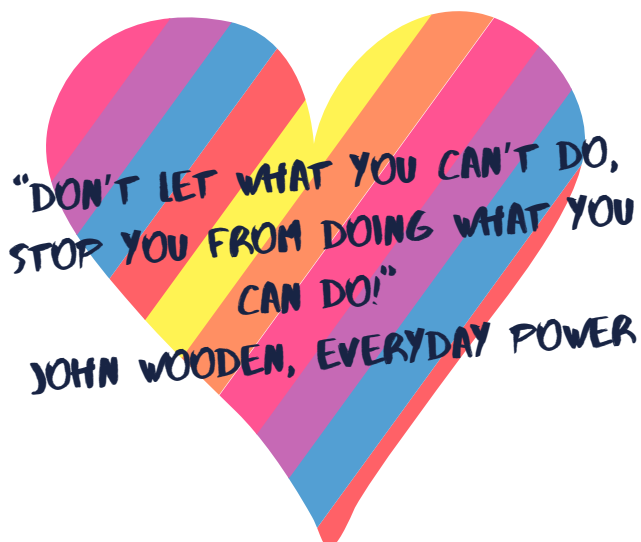
Toddlers and preschoolers need plenty of time to just run around and play. Backyards, school playgrounds, empty sporting fields, adventure playgrounds, school playgrounds, parks, trails and the beach are all great places for children of this age.



Here are some ideas for keeping physical activity fun:

- Use a large, soft ball to practise catching, hitting, bouncing and kicking. Start with something small and easy to hold like a little bean bag or tennis ball. When spaces aren't safe for balls, some rolled-up socks can be good for this.
- Make up games that involve different types of movement. For example, get your child to chase bubbles, walk along chalk lines, gather shells and jump over puddles or cracks in the ground.
- Play different kinds of music, or make sounds with your voice or instruments. This can encourage dancing and a sense of rhythm.
- Invent some silly walks and runs with your child. You could try running like a monkey, jumping like a bunny and flapping like a bird.
- When your child is ready, let him try learning to ride a bike, scooter or tricycle – under your supervision, of course. He might also enjoy playing with push toys like trucks, doll prams and toy lawn mowers.
- Leave the car at home sometimes and walk to local places like the library, park or shops. If you're feeling really adventurous, you could even go without the pram or stroller.

How much physical activity does your child need? Toddlers and preschoolers should be physically active every day for at least three hours, spread throughout the day. This should include some sort of energetic play like running or jumping.



Kenmore Park Kindy would like to wish our families a relaxing and safe holiday. We look forward to seeing you in Term 2!

