# PARENTING CONVERSATION CORNERS

### A Free Program: Register Now!

4 x 90 minute sessions

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Share stories Build parenting skills Learn from different cultures Look at what works Learn from experts' wisdom

### **Facilitator:**

Dr Tracey Burgess-Limerick, Registered Psych.

### **RSVP** essential:

Numbers limited to 12 participants Children welcome SMS: 0412 076 359 or email: gcbssc@gmail.com



"Ouch!" "No!" "Precious"

Parent Conversation Corners are a Grey Clouds Blue Skies initiative of Indooroopilly Uniting Church

# When Mondays, 9 am - 10.30 am October 26, & Nov 2, 9 & 16 Where Where Where Where (a) (b) (c) (c)</li

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# ABOUT PARENTING CONVERSATION CORNERS

Parenting is a vital part of who we are. Many would say it is our best life work. And yet it is so challenging!! In parenting conversation corners we get the chance to talk about parenting. It's as simple as that. Our conversations will be warm, supportive, friendly, respectful, nourishing, and nurturing. And that's the best way to learn about who (and how) we want to be as parents. We will listen to each other and learn from each other. And we will give special attention to the richness of cultural differences. As parents, we can be the best teacher for our children. As parents, we can make the difference. I am truly looking forward to sharing this journey with you....

Love, Tracey

we will focus on our experiences of parenting younger children...

we will talk about how we can help our kids with....

- ... being happy (& how to be a happy me)
- ... sharing & caring in relationships with other children
- ... handling pain & sadness
- ... understanding boundaries & effective discipline
- ... appreciating their own uniqueness